

Exclusions for all packages

1. Delivery or treatment at any facility other than Metropolitan Hospital.
2. **Private** Consultant Specialists' fees
3. Instrumental delivery
4. Complicated delivery e.g post-partum haemorrhage, eclampsia management etc during delivery period.
5. Epidural analgesia
6. Treatment of illness not directly related to pregnancy.
7. Nutritional supplements during pregnancy other than those specifically mentioned.
8. Any admission during pregnancy other than delivery.
9. Multiple pregnancy
10. Patients with medical complications e.g diabetes, hypertension, bad obstetric history, Hepatitis B, rhesus negative mother, etc; requiring further extensive testing and extra medication for mother and baby.
11. Premature delivery
12. Blood transfusion in excess of 2 units and other blood products.
13. Antibiotics for the baby.
14. Medication for PMTCT in HIV +ve mothers.
15. Baby requiring ICU/HDU care
16. Pre-existing medical conditions for mother and/or child during pregnancy and/or after delivery.
17. Specialized investigations and/or treatment for mother and/or baby in case of an illness unrelated to pregnancy.
18. Illness of the baby after discharge.
19. Vaccines not included in the KEPI regime

20. Any additional lab tests outside of routine tests
21. Clients who would like to have commercial feeding or supplements for their baby including PMTCT.

Booking for schemes

Preferably 3 weeks prior to the delivery date.
With a confirmatory letter of the email from the respective insurance company.

Package Payment plan

Clinic Package: 2 instalments, with the first instalment on admission into the package, and final instalment within 30 days. The clinic package must be completed before 36 weeks' gestation.

For delivery package, the fee is also payable in instalments, however the full balance must be cleared 21 days before the E.D.D., i.e 37 weeks' gestation.

Metropolitan Hospital Nairobi

We are located along Rabai Road, off Jogoo Road

 healthcare@metro-hospital.com

 www.metro-hospital.com

 Metropolitan Hospital Nairobi

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 @MetroHospital



'Your Partners in Health'

CARE PACKAGE FOR THE PREGNANT MUM



Dear Mum,

Congratulations! You are going to be a new mum, & we are excited to go through this journey with you.

We have a special package to cater for all your pregnancy and delivery needs.

CLINIC PACKAGE

This will include:

- 8 scheduled,comprehensive antenatal clinics.
- Pre-natal classes by a mid-wife
- Laboratory tests,notably Total blood count,VDRL, Blood Grouping,Urinalysis,Hepatitis B,Surface Antigen,Random Blood Sugar,Blood slide for malaria.
- HIV counselling and testing,for the pregnant mother.
- 2 obstetric ultrasound scans
- Iron,folic acid and calcium supplements.

Total cost of clinic package: Ksh 25,000

Payment is required for admission into the package,and can be paid upto a maximum of 2 instalments.

DELIVERY PACKAGE

Dear Mum,

Delivery entails normal spontaneous delivery,or caeserean section.

Normal delivery can be midwife assisted or doctor assisted delivery.

Midwife Assisted delivery

Kshs. 40,000

For mothers who deliver with the assistance of a mid-wife.

- General ward bed stay for 2 days
- General nursery care for 2 days

- Medicine and dressing are inclusive except prostagladins (for induction and labor)
- Delivery conducted by experienced midwives.
- Comprehensive review of the baby by the hospital doctor.
- KEPI vaccine regime (birth polio and BCG)
- Free prevention of mother and child transmission (PMTCT) and counselling.
- Compassionate and expert nursing care.

Doctor Assisted Delivery

Kshs. 60,000

For mothers who may have complications during delivery or those who prefer the assistance of a doctor.

- General ward bed stay for 2 days
- General nursery care for 2 days
- Medicine and dressing are inclusive except prostaglandins (for induction and labor)
- Delivery conducted by experienced gynaecologists.
- Comprehensive review of the baby by the hospital doctor.
- KEPI vaccine regime (birth polio and BCG)
- Free prevention of mother to child transmission (PMTCT) and counselling
- Compassionate and expert nursing care

Caesarian Section Delivery

Kshs. 120,000

For mothers who deliver through caesarian section

- General ward stay for 3-4 days
- General nursery care for 3 days
- Comprehensive review of the baby by a hospital doctor.
- KEPI vaccine regime (Birth Polio and BCG)
- Free prevention of mother and child transmission

(PMTCT) and counselling.

- Compassionate and expert nursing care
- Pre-operative routine laboratory tests
- Maternity operating theatre services and medication.
- Hospital Obstetrician, Paeditrician & Anaesthetists' fees.
- 3 wards visits by Obstetrician and 1st routine ward by Paeditrician.

PLEASE NOTE

- Any extra cost outside the package will be billed independently.
- Enrollment into the package is subject to the doctor's vetting and approval. The package does not cater for high pregnancies and complications.
- If a client (mother and/or baby) stays longer than the time allocated in the package,payment for the extra days shall be itemized.
- A mother electing for the package shall be attended by the resident team.
- If a patient on a normal delivery package develops an obstetric complication, and is scheduled for a caeserean package,then shall top up the difference to a caeserean package.
- Unbooked clients are not eligible for the package, and their bills shall be itemized.
- A consent form shall be signed by the client as confirmation and consent of terms and conditions which apply with respect to the package.

Hotline numbers

0700 410 324 | 0722 207 665 | 0733 602 114

Ambulance Services

0774 490 209 | 0710 842 483